

### New Drugs, New Tricks, Maximizing Outcomes

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#### Disclosure;

I tutor at-risk Nurse Anesthesia Residents for school, SEE, and NCE but have NO financial relationship with the big six review companies.

I am NOT an item writer!

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#### **Important Notice**

Every attempt has been made to us generic names when possible, at times brand names are used.

I do use the vernacular and most commonly used name

Mentioning a company does not imply endorsement

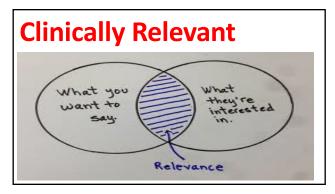
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## Disclaimer; Chronic Cough

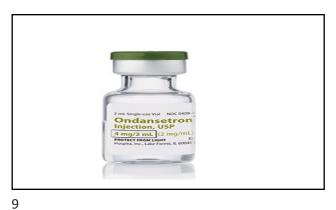
How Do You View Things?

The Same Problem, Different Path, but the Same Answers?

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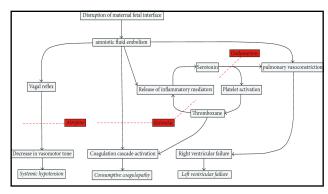


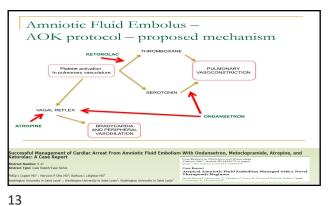


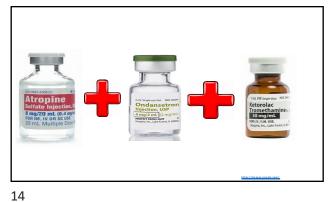


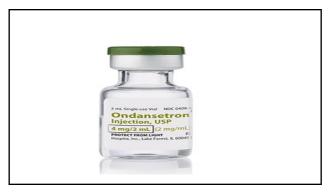


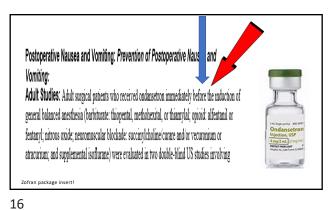










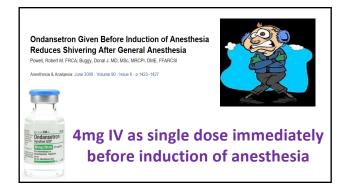






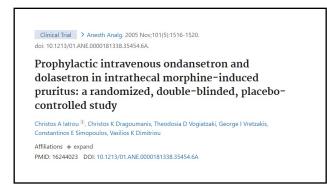


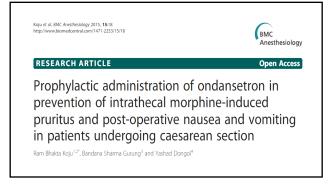






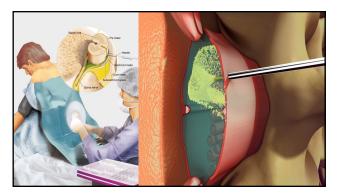
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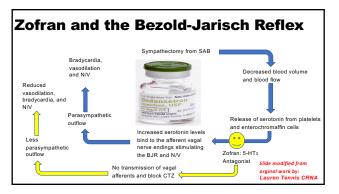




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# Bezold-Jarisch Reflex During spinal anesthesia, neuraxial blockade reduces venous return. The reduction in preload triggers the BJR, which is mediated by the peripheral 5-HT3 type receptors. The BJR is an inhibitory cardiovascular response to noxious chemical substances and ventricular stretch sensed by the chemoreceptors and mechanoreceptors, which are primarily located in the wall of the left ventricle.

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Ondansetron Given Intravenously Attenuates
Arterial Blood Pressure Drop Due to Spinal
Anesthesia: A Double-Blind, Placebo-Controlled
Study

Radoslaw Owerik, M.D., Ph.D., Welgitech Wenski, M.D.,
Agnieszka Polak-Krzeminska, M.D., Pawel Twardowski, M.D.,
Renata Arszulowicz, M.D., Anna Dylezyk-Sommer, M.D., D., Ewa Morzuch, M.S.c.,
Maciel Smietanski, M.D., Ph.D., and Maria Wijtewicz, M.D., Ph.D.,
Maciel Smietanski, M.D., Ph.D., and Maria Wijtewicz, M.D., Ph.D.,
Reduction in spinal-induced hypotension with ondansetron
in parturients undergoing caesarean section: A double-blind
randomised, placebo-controlled study
T. Sahoo, C. SenDasgupta, A. Goswami, A. Hazra

Effects of intravenous ondansetron and granisetron
on hemodynamic changes and motor and sensory
blockade induced by spinal anesthesia in parturients
undergoing cesarean section

Manal M. Rashad \*, Manal S. Farmawy

Efficacy of prophylactic intravenous ondansetron on
the prevention of hypotension during cesarean
delivery: a dose-dependent study

Meng Weng\*, Lang Zhuo\*, Qun Weng\*, Ming Mun Shen\*, Yen Yun Yu\*, Jun-Jing Yu\*, Zin-Ping Wang\*

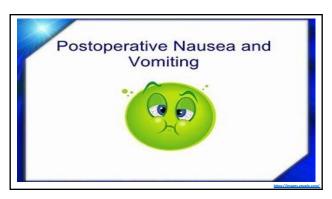


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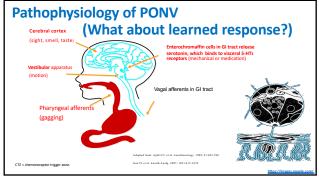


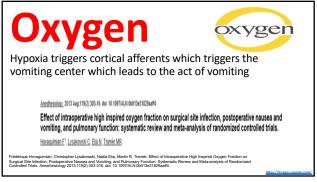




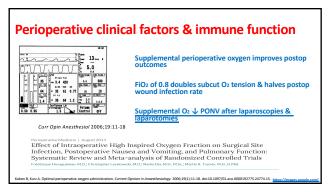


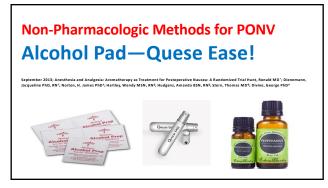
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Ginger

American Society of Clinical Oncology, May 2009
644 cancer patients

Patients received 0.5, 1, or 1.5 grams of ginger or placebo daily x 3 days prior to chemotherapy

Patients taking ginger experienced significantly reduced nausea

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Role of Esmolol in Perioperative Analgesia and
Anesthesia: A Literature Review

Semolol versus ketamine-remifentant combination for early postoperative analgesia after laparoscopic cholecystectomy: a randomized controlled trial

Semolol versus ketamine-remifentant combination for early postoperative analgesia after laparoscopic cholecystectomy: a randomized controlled trial

Semolol versus ketamine-remifentant combination for early postoperative analgesia after laparoscopic cholecystectomy: a randomized controlled trial

Semolol versus ketamine-remifentant controlled trials

Versus versus

Semolol versus ketamine-remifentant controlled trials

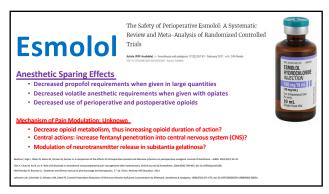
Semolol versus ketamine-remifentantentantants

Semolol versus analdomized controlled trials

Semolol versus analdomized controlled trials

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Intraoperative Esmolol Infusion in the Absence of Opioids Spares Postoperative Fentanyl in Patients Undergoing Ambulatory Laparoscopic Cholecystectomy

Vincent Collard, MD\*

Vincent Collard, MD\*

Giovanni Mistraletti, MD\*

All Taqi, MD+

Juan Francisco Asenjo, MD\*

Liane S. Feldman, MD+

Gerald M. Fried, MD+

Franco Carli, MD, MPhil\*

Cerlid M. Fried, MD+

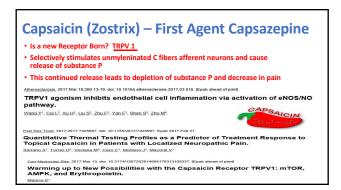
Franco Carli, MD, MPhil\*

Collard, V, Midraktti, 6, Taji, A, Asenjo, J. F. Feldman, L. S. Field, M. A. Carli, F. (2007). Intrasperative semidoli infolion is the absence of points sparss sostoperative fentanyl in patients undergoing ambulatory surgery can delay hospital discharge or cause unexpected hospital admission. Preliminary studies using an internative motion infusion of esmololi infoliation and point and postupore infoliation and postupore infoliation and observer-billing ded study. The control group (in = 30) received a continuous infusion of esmold (6-15 ag. kg. \*\* min\*) and not supplemental points of remiferative infoliations included acetaminophen, keterotacle, local anesthetics in the skin incisions, dexamethasone, and droperidol. Postoperative analgesia included fertanyl.

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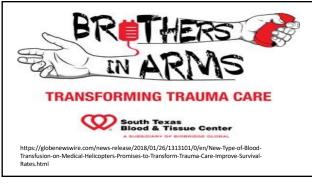


Music 65 BPM Music interventions have been suggested as a nonpharmacological intervention to alleviate pain and anxiety during surgical treatment.

The data suggest that researcher-selected music is most effective in reducing anxiety, primarily because it incorporates evidence-based parameters such as consistent tempo and dynamics, stable rhythms, and smooth melodic lines.

tem T. Lira P. Mattos S. The therapeutic effects of music in children following cardiac surgery. J Pediatr (Rio J), 2006;82(3):186-92.

terra V, Ostuni S, Bonomelli I, et al. Music benefits on postoperative distress and pain in pediatric day care surgery. Pediatr Rep. 2014;6(3):5534



When somebody says whole blood just can't be done

- 100,000 guests plus 37,000 crew at sea in 34 different ships each day
   Many guests, elderly, overweight, over-eating and on anticoagulants
- High risk of GI bleeding
   Often vessels 24 hours from any port
- Operationalized a Fresh Whole Blood Transfusion Program Recurrent training and education of 250 medical personnel
   Screening questionnaires, rapid ABO typing and infectious disease testing
- 40 months there were 40 whole blood emergent transfusions
  - 1-6 Units per patient
  - · One allergic reaction, no infectious complications

Strandenes G, Hervig TA, Bjerkvig CK, et al. The Lost Art of Whole Blood Transfusion in Austere Environments Curr Sports Med Rep. 2015;14(2):129-134.

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#### **BARHEMSYS (Amisulpride)** The drug, amisulpride, showed a statistically significant reduction in the occurrence of PONV, when used intraoperatively in combination with a standard anti-nausea treatment, in the 24 hours after surgery in high-risk patients. Intravenous Amisulpride for the Prevention of Postoperative Nausea and Vomiting: Two Concurrent, Randomized, Double-blind, Placebo-controlled Trials.

D<sub>2</sub>/D<sub>3</sub> antagonist antiemetic



65 66

acacia pharma

#### Benzo's -PTSD?

#### **Benzo's DO NOT WORK**

Warning: Benzodiazepines (e.g., Xanax, Valium, Klonopin) Limited efficacy Increased safety concerns Even more risk for older people Confusion, awkwardness, falls Not recommended for PTSD

Avoid Benzo's with patients with PTSD if possible

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#### **Selective Alpha 1 Antagonists -PTSD?**

Prazosin (minipress): Half life ~2-3 hours Dilates both arterioles and veins Used in the management of essential hypertension, Raynaud's, pheochromocytoma Receptor selectivity produces less chance of reflex tachycardia

#### **HELPS WITH NIGHTMARES**

Side effects: orthostatic hypotension, syncope, nasal congestion

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#### **Financial Disclosure**

There is no financial conflicts with this presentation.

Lecturing about a topic does not constitute endorsement of any product. Please take the time to research each topic for more information.

Mentioning a product or company does NOT represent endorsement.

Every attempt has been made to us generic names when possible, at times brand names are used.

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Every attempt has been made to us generic names when possible, at times brand names are

I do not do sale presentation or work for any drug company. I used the name of the pharmaceutical agent that is commonly accepted.

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